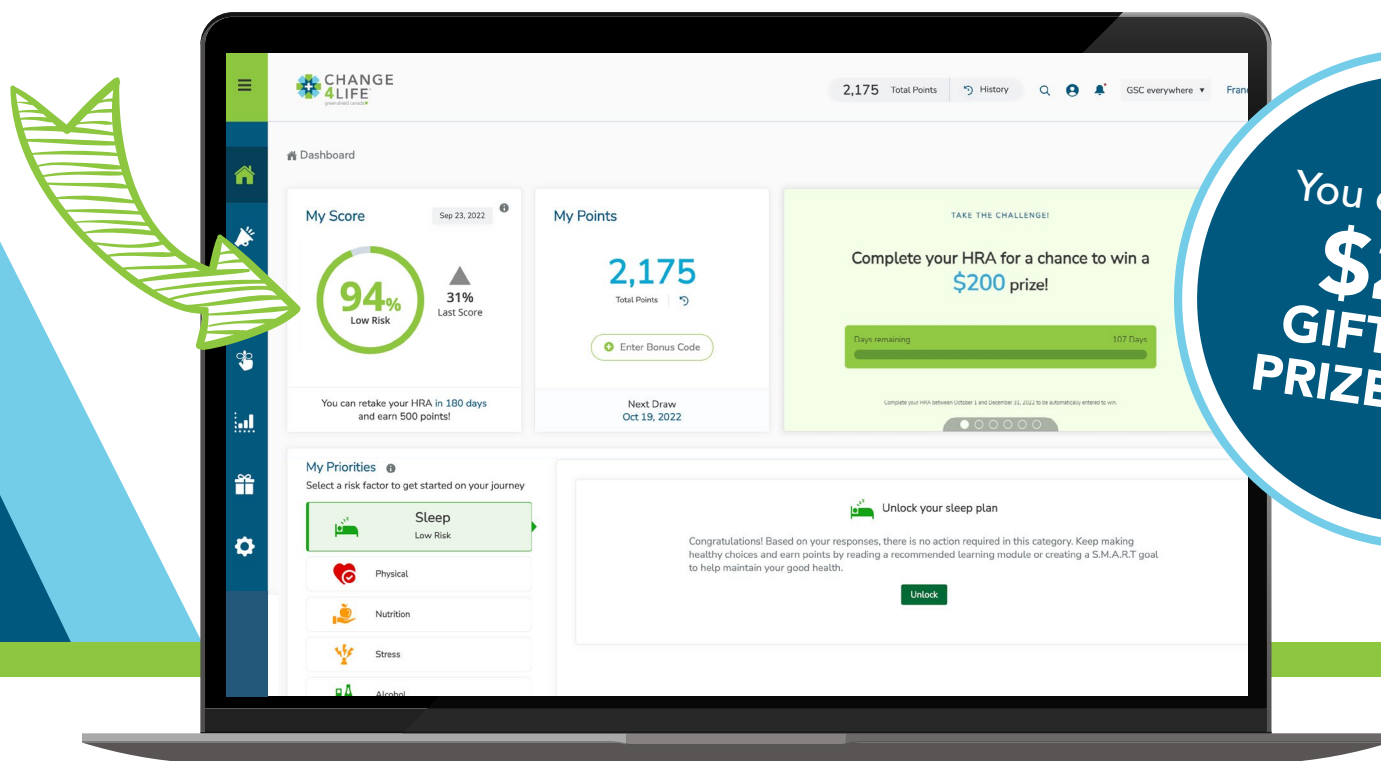


Complete your HRA on Change4Life®



WANT A CHANCE TO WIN A \$200 GIFT CARD PRIZE PACK? IT'S SIMPLE!

Complete your health risk assessment (HRA) on Change4Life® between **October 1 and December 31** and you'll automatically be entered in the draw to win one of eight \$200 gift card prize packs. Plus, you'll earn points to bid on gift cards in the reward store – giving you even more chances to win.

HAVEN'T VISITED CHANGE4LIFE® BEFORE? NOT TO WORRY!

It just takes a minute or two to set up your account. Access **Change4Life** from [GSC everywhere](#), within the "GSC Offerings" menu above the dashboard on the desktop, or under "More" and then "GSC Offerings" on the mobile app.

[greenshield.ca](https://www.greenshield.ca)

